



Central Hindu Military Education Society
Bhonsala Adventure Foundation,
Nashik



HIMALAYAN TREK

FRIENDSHIP BASE CAMP & BEAS KUND, HIGHT: - 13,500FT

25 May to 05 June 2026 (10 Night's / 11 Day's)

FEES: 24000/-

Seat confirmation Amount Rs. 5000 /- (Non-Refundable)

Day Wise schedule

Day 01: Departure from Nashik.

Day 02: Arrival at Ambala & Evening Departure from Manali.

Day 03: Arrival at Manali, Camp Site near Burua Village. Acclimatization Trek to Jogni Water Fall.
It's a Famous Water Fall in Manali.

Day 04: Base Village to Solang Nala Tent Pitching & Acclimatization trek. (Camp 1).

Day 05: Solang Nala to Dhundi Tent Pitching & Acclimatization trek. (Camp 2).

Day 06: Dundi to Luali Beas Camp of Friendship Pick Tent Pitching & Acclimatization trek. (Camp 3).

Day 07: Luali Base Camp to Friendship Base & Beas Kund & Return Back to Luali.

Day 08: Camp to Burwa Village, Manali Sight Seeing (Hidimba Temple, Vasistha Hot Water Spring & Temple) Camp Fire.

Day 09: Visit Manali Market & Purchasing if you want. & **Departure from Manali to Ambala.**

Day 10: Arrival Ambala, Departure from Ambala to Nashik According to Train.

Day 11: Arrival Nasik & Vote of Thanks (If Possible).

Fees will cover: -

- Accommodation in Manali to Manali.
 - Guide Charges, Equipment's & Training.
 - Transportation from Nasik to Ambala. & Return (Train Reservation – III AC)
 - Ambala to Manali & Return Non-Ac Vehicle.
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Fitness Certificate of the candidate from Family physician is essential for Admission.

Contact No: -9850996198/ 8275189618

Safety: -

Extensive & painstaking preparation have gone the planning of the trek routes & nature trail, to ensure participant's safety. However, Bhonsala Adventure Foundation cannot be held responsible for any accident, illness and other such untoward incidences.

Cancellation: -

In Case you are unable to join the camp after paying the fees, you will get 50% refund provided your request is received at least 15 days in advance from the date of your reporting. Any unforeseen event /Strike or natural calamity will not be considered as a cause of cancellation.

Rules & Regulation: -

- Do not leave the camp site without permission of group leader or Camp leader.
 - Do not keep any weapons with you.
 - Do not drink water / eat food items from unauthorized sources.
 - While trekking does not enter into any personal property or damage any personal property.
 - Do not use abusive or vulgar language with other participants and staff.
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Note: - Trekking program & routes are subjected to change without prior notice.

Please note that this is an environment friendly Trekking program. Do not litter any wrapper or spoil the site in any way. In case you find any wrapper, plastic bag or anything left by anyone on the way, please carry the same with you for depositing at the camp.

THINKS TO CARE

*Rucksack, *Track pant, *T-Shirts, *Full Pant, *Party Dress, *Chappal/Sandel, *Adequate undergarment, *Towel, *Socks, *Bed sheet, ***Torch with extra 2 Batteries**, *Sunglasses, *Sunscreen lotion, *Trekking / Sports Shoes, *Water Bottle, *Personal Medicine, *Plastic bag to contain all the above plus a few spare one, *Note book & Pen.

THANK YOU